



Dear Members,

We welcomed in the autumn season with a very successful September 4th GPL. It was a warm, sunny day; the tables were set up outside for 50 members and guests. Everyone enjoyed catching up with those members they hadn't seen over the summer holidays. We welcomed two new members, Robin and Elena Wood; they recently sold their chateau in Perpignan where they owned a 13 room bed and breakfast for 20 years. Welcome! We are also happy to have Bitten Marchant return to the club; she is looking forward to reconnecting with club activities. Welcome!

We are now 94 members strong! Old familiar club activities and events are well attended and our new offerings popular. Remember, we love to hear suggestions of activities from you. Don't hesitate to email or text any member of the board if you have a new idea. We are working in the 2024 calendar and plan to offer new places to experience. And lastly, hope you enjoy reading Rosa's travel essay on Wales!



-Linda

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CLUB FALL ACTIVITIES

SEPTEMBER

- September 19th -Excursion to the Palafrugell museums-lunch after
- September 21st- Pétanque
- September 25th- Book group
- September 14 & 28 - Pitch'nputt

OCTOBER

- October 2nd - GPL
- October 10th- Cooking Group
- October 18th- QUIZ NIGHT
- October 19th- Pétanque
- October 25th- Excursion to Palau Solterra-lunch after
- October 27th & 28th - Wine & Food Fair, Toulouse
- October 30th - Book group
- October 12th & 26th- Pitch'nputt

Remember: check our calendar on the website for other activities for the remainder of the year:

cicb.eu

A FEW PHOTOS OF THE SEPTEMBER 4th Golf, Pétanque and Lunch



A favorite
place of mine to share
with you

by Rosa Tysoe



Wales is a small country of very beautiful landscapes and many castles. Cardiff, capital is a port city with a castle, cathedral and architecture from other eras that give it an air of grandeur. It also has very modern buildings such as the Rugby Millennium Stadium, a jewel of the architecture of our time. It is a city I am very fond of as my husband was born there.

We were recently in Wales and visited some of our favorite sites. There are three national parks: Pembrokeshire National Park, Snowdonia National Park and Brecon Beacons National Park. Of these, my favourite is Snowdonia. I lived by the sea, on the island of Anglesey, near the park for a year when

I first went to live in the UK, over 40 years ago.

Pembrokeshire National Park is located in the south/west of Wales and is famous for its cliffs, caves and also for its beaches. There you can find the town of Pembroke, with its castle where the Tudor dynasty began. Within this national park is Caldey Island, a small island with a monastery where twenty monks of the Cistercian order live. They are the only inhabitants and make their living making and selling perfume, chocolates and books of poetry.



It is an island where peace and tranquillity prevail, partly because there are no cars allowed. Visiting is from Tenby Harbour, one of Wales' most attractive places in my opinion. Near Tenby is a rock forming an arch in the sea, known as The Green Bridge of Wales. St Govans Chapel is another place well worth a visit. St. Davids, with its cathedral and peninsula bordered by beaches and footpaths, is the smallest city in Great Britain.

Snowdonia National Park, my favourite, is in the northwest and is famous for its mountains and lakes. *Snowdon* is the highest mountain in Wales. You can get to the top walking or ride a little train starting near Llanberis, where there is a big lake. Once at the top you have spectacular views, including the Irish mountains across the sea.



The Brecon Beacons National park is in the south. It is not so mountainous as the other parks but contains many waterfalls,

little streams and is

a very peaceful place. Brecon, the biggest town, has a very old cathedral and is host to a popular Jazz Festival every August.



There are a lot of little trains in Wales that were used to carry coal in the past. Now they are used for touristic transport and are especially popular with children. Then there is, Carnarvon, a town in the north, with its magnificent castle, a world heritage site, where the coronation of King Charles, when he became Prince of Wales took place. If you have not been to Wales, it is a wonderful place to visit.