



## COSTA BRAVA INTERNATIONAL CLUB NEWS

MAY 2023 - #25



Dear Members,

May is already upon us, the weather is slowly warming toward...an afternoon at the beach, barbecues and late breezy, warm nights,..... summer!

As we celebrate the 40th anniversary of the International Club, this is a good time to reflect about how much has changed in the last 40 years.

Although the club's purpose has remained fairly constant...an opportunity for like minded people (mostly retired) to come together for friendship to enjoy both time and activities together in Spain and beyond; what has changed is how we communicate.

Forty years ago this would have been through a phone conversation or the mail. Today, we have evolved into communicating through Email, WhatsApp, the website and the newsletter. In order to participate, it is vital for all members to read their email and follow the groups who coordinate activities through WhatsApp.

It is unfortunate that if you miss an email, you might not know about upcoming events or events changed or canceled for various reasons. The newsletter does give members an overview of upcoming activities, the website also provides you with a calendar that lists by month the activities through the end of 2023 and is updated frequently.

We all would like for the Club to continue to flourish and to offer opportunities to participate in interesting and fun activities in an supportive and welcoming environment. To that end, let's all try to be supportive and inclusive.

We hope there are plenty of opportunities for you to enjoy this month!

🙏 - Linda



**That's right....the annual car rally is Tuesday, May 23rd. Last year's winners, Dominique & Michél Moreau and Florence & Georges Sorbet have mapped out an intriguing route for you culminating in a celebratory lunch.**

**you can register here: <https://cicb.eu/form-rally>**



**Ten members of the cooking group met at the Institut Escola d'Hostaleria in Girona the afternoon of April 11th.**

**The menu, which consisted of dishes from a series of thematic menus, was prepared by the students and teachers of the School. The menu included a wine pairing, with an appetizer, cold starter, hot starter, fish and meat small plates, dessert, coffee or infusion and petits fours; compliments to the chefs and waiters.**

**Did anyone say.....**

**WHAT ABOUT STARTING A MEN'S COOKING GROUP?**

**Men like to cook and enjoy good food, too!**

**Interested? Email or just talk to Rob Coutinho when you see him at the next GPL or on the golf course.**

**[rob\\_countinho@hotmail.com](mailto:rob_countinho@hotmail.com)**

**The Pitch'nputt group usually meets twice a month in various locations around the area. Lunch often follows.**

**Remember, if you would like to join the group, email: [gsorbets@gmail.com](mailto:gsorbets@gmail.com). All group communications are by WhatsApp.**



**The book group meets monthly. April's book up for discussion was VIOLETA by Isabel Allende. Eight members met at the Golf Club and awarded the novel a 6 out of 10.**



**The book in May is a non fiction choice, TASTE: my life through Food by actor and foodie, Stanley Tucci. The book is primarily a memoir with recipes scattered throughout. The May meeting is scheduled for MONDAY, May 29 at the Golf Club at 3:00 p.m.**

**Email: [lindathompsonnobbs@hotmail.co.uk](mailto:lindathompsonnobbs@hotmail.co.uk) if interested in joining the group.**

## **PETANQUE**



**That's right! Pétanque will soon be offered twice a month to anyone interested in participating.**

**The group will be organized by Guy Claude Allard. With the help of the Golf Club, the Pétanque court is in the process of being cleaned and renovated; it will be ready for competition soon!**

**Interested in joining the group? Email Guy Claude at: [guyclaude.allard@gmail.com](mailto:guyclaude.allard@gmail.com)**



**The April cultural excursion was an outing to the UNESCO World Heritage site, San Pau Hospital in Barcelona.**

**Sixteen members joined the adventure, most traveling by train. After touring the site, everyone agreed it was a marvel of architecture, art and medicine for the (early 20th century) the time.**



**A leisurely lunch was enjoyed by all at Restaurant Pomarada nearby.**

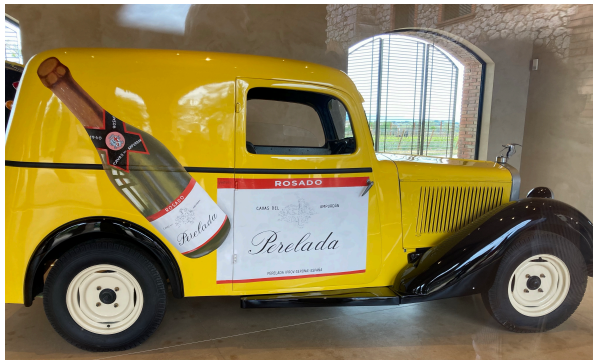


**The next outing will be a walk through the local Iberian ruins in Ullastret April 16th followed by lunch in a nearby restaurant. 👁️👁️ for an email in your inbox the first week of May.**

**Anthony Bourdain, chef, author, world traveler once said,**

**“Eat at a local restaurant tonight. Go somewhere you’ve never been. Listen to someone you think may have nothing in common with you. Order the steak rare. Eat an oyster. Have a negroni. Have two. Be open to a world where you may not understand or agree with the person next to you, but have a drink with them anyways. Eat slowly. Tip your server! Check in on your friends. Check in on yourself. Enjoy the ride!”**





**The special outing to the New Perelada Bodegas on April 25th organized by Vicenç Rosich was a great success. Twenty three members toured the Malaveina Vineyards and sampled a rose cava in the vineyard. The vineyards planted in 1996 sits in a valley**

**between the sea and the beginning of the Pyrenees.**

**The tour of the new winery is a wonder of modern architecture, blending the traditional style with today. Interesting videos provided information about the**



**different types of soil the vineyards are planted in; the winery has won awards for the architectural design and sustainability awards for the use of geo thermal power and reducing water usage**

**by 37% based on a system of recycled rain water.**



**After the tour of the winery,**

**members were offered and enjoyed a wine tasting (two reds, one white) and an informal lunch in the center garden of the new Winery.**



## What's on the May calendar?

May 1st - GPL

May 11 - Pitch'nputt

May 16 - Cultural Excursion:  
Ullastret, lunch to follow

May 23 - CAR RALLY 

May 25 - Pitch'nputt

May 29 - Book group



APRIL GPL

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Take a look at this month's events in our local communities:

**PLEASE NOTE, THE VOSE FILMS LINK IS TO THE THEATER IN PLATJA. YOU CAN SEE WHAT FILM IS PLAYING IN ENGLISH - just click on the link**

Llagostera <https://www.llagostera.cat/agenda.php>

Santa Cristina <https://santacristina.cat/agenda>

[Ayuntamiento de Sant Feliu de Guixols \(quixols.cat\)](http://quixols.cat)

Platja D'Aro VOSE Films  [\(locineplatjadaro.es\)](http://locineplatjadaro.es)



Newsletter CICB  
newscicb@gmail.com

**Experiencing problems with these links? Email John Hothersall: [j.hothersall@gmail.com](mailto:j.hothersall@gmail.com)**

2023 annual membership dues of 70€ couple - 35€ individual  
If you have not paid, please pay at the next event you attend .

**Is there something YOU would like to contribute?  
JUST DO IT! EMAIL US!**