



COSTA BRAVA INTERNATIONAL CLUB NEWS

FEBRUARY 2023 - #22

Every new year brings change and 2023 has already brought changes to CICB. The Annual General Meeting was held on January 10; the members present (41) voted in three new board members, Linda Stuttard, President, Rob Coutinho, Secretary and Florence Sorbets, Events Coordinator. Three board members continue their roles, Marlies Schetselaar, Vice President, Dave Cuffe, Treasurer and Rosa Tysoe as Cultural Excursion Coordinator.

Members also voted on three proposals, a new speaker system, the creation and distribution of a member contact list, and the most pressing question of all, the winners of golf at the monthly GPL, should not receive their prize if they don't attend lunch. A spirited discussion for sure. All measures passed.

Georges leaves the post of president after serving for four years. I'm sure all club members appreciate Georges efforts on their behalf to keep the club in good spirits through the difficulty of the last almost three years. Georges is happy to continue to contribute and will stay on as coordinator of the well attended pitch'nputt group.

This is a celebration year for the club; the club was formed in January 45 years ago. We hope to plan a great summer celebration! As with all good news, come sad news as two of our long-standing members have passed away in January, Roger Bevan and Rita Finch. Many members will fondly remember both of them for their contributions and participation in the life of club.

I would like to thank you for placing your trust in us; your board members will continue to listen to your ideas and suggestions. We are excited about planning new, enjoyable and interesting excursions and events for you in 2023.

-Linda Stuttard



After the Annual General meeting, members gathered again for lunch at the club restaurant.

As always, good laughs and shared conversations on a multitude of topics.



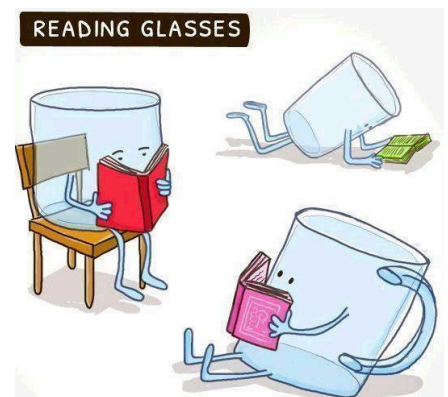
Forty members and four guests welcomed in 2023 with drinks and tapas at EL Tinglado in San Feliu the evening of January 17th. Everyone quickly got in the spirit, with plenty of food and libations !



Remember the raffle in our December newsletter of Chef Dominique's marmalade? The winnerDavid Stuttard. Knowing Dominique is a fabulous chef, unbelievably, David was the only member who took the time to enter the raffle. Congrats! And thank you to Dominique for offering up her delicious marmalade. 😊 Can't help by wonder...does anyone read the newsletter? 🤔

The book group met on Monday the 30th of January; the book up for discussion was Patria. At over 600 pages, it is an in-depth look at how the 40 year often violent struggle by the ETA for Basque independence from Spain affected the lives of two families.

If you are interested in joining the group or just reading a few of the books on the the list of the books that will be read through June, email Linda Nobbs at lindathompsonnobs@hotmail.co.uk





Carnival is a feast celebrated all over the planet. In the

Christian calendar, the carnival takes place before Lent, a period of abstinence during which believers have to dedicate themselves fully to cultivating their



spirituality. They also cannot eat meat because it was considered sinful, hence the name: the word carnival comes from the Latin "carnem levare", which means "remove meat".

In the carnival, to maintain anonymity and not be recognized amid the revelry and bustle, people covered their faces with masks and dressed in costumes.

Every year carnival falls on a different date. There is a close relationship with Easter, although carnival is a pagan festival. A few centuries ago, it was agreed that Holy Week would have a previous period of 40 days (Lent) in which it is mandatory to perform acts of sacrifice and penance, including fasting and abstinence. This period begins on Ash Wednesday, so this is the deadline to be able to eat and drink anything and everything, have fun and party.

If we want to know when the carnival is going to be, we simply have to know on what date the first full moon occurs after the beginning of spring. Find the first Sunday and count backwards 47 days on the calendar.

This year, 2023, the carnival begins on Thursday, February 16th, ending on Wednesday, February 22nd, 2023, the day on which Ash Wednesday is also celebrated and Lent begins.

As is we all know, the carnivals of Rio in Brazil, Venice, Tenerife and many other places in the world are really spectacular, but we have one much closer and no less important:





Platja d'Aro celebrates its 45th Anniversary this year

From the 1st to the 22nd February, Platja d'Aro and Castell d'Aro decorate their streets for the various activities they have prepared among which the Gran Rúa de Carrozas y Comparsas stands out.



There are also musical parades, children's parades, presentation of the King and Queen of the carnival, Rúa in Castell d'Aro On February 16th the traditional celebration of "Fat Thursday"(1). It all ends on Wednesday February the 22nd with the well-known and inevitable "Burial of the Sardine" (2). All events and celebrations are open to the public.

Vicenç Rosich

Quart, January 26, 2023

(1) "Fat Thursday": In Catalonia it is above all a family and popular festival. On this day, called "dijous gras", it is traditional to eat butifarras (sausages), of which the carnival sausage itself is the egg one, as well as butifarra omelette and "coca de llardons" (cracklings).

(2) "Burial of the Sardine": It is defined as the last activity that remains each year of the carnival, a tradition full of irony that commemorates the end of the carnival and the beginning of Catholic Lent. Undoubtedly, one of the most mythical moments of each year that features a sardine burial and people in mourning with a great touch of ironic smoke. The burial of the sardine is an ancient tradition that is celebrated in Spain and some Latin American countries.

Joke of the month:

What did the grape say when it got crushed?

Nothing, it just let out a little wine 🍷

Check our website for updated events through June: cicb.eu

PITCH 'N PUTT - February 2nd - Mas Torrellas, Santa Cristina
February 16th - location to be decided
email gsoorbets@gmail.com if you are interested in joining the group; communications are by WhatsApp

GPL - Monday, February 6th- registration form is on the website

Cooking Group - rescheduled for February 7th, WhatsApp Anneke @ +34 673 48 53 89

BOOK GROUP - next meeting February 27th @ 3:00 🕒 at Tipipark in Santa Cristina

CULTURAL EXCURSION- Fundacio Perramon, Wednesday 22nd, lunch after at Restaurant Cali Nati in Albons - invitation out soon

👁️👁️👁️ **LOOK FOR AN INVITATION TO THE FIRST (MAYBE) ANNUAL BINGO NIGHT ON MARCH 16th IN YOUR EMAIL INBOX 📧 LATER THIS MONTH**



Take a look at this month's events in our local communities:

February is Carnival month!

Celebrations are in:

Platja D'Aro - Saturday 18

San Feliu - Friday 17

Sta. Cristina - Sunday 19

Llagostera <https://www.llagostera.cat/agenda.php> (auto-translate)

Santa Cristina <https://santacristina.cat/agenda/10893-historic-agendes.html>

(scroll PDF- Catalan auto translate in Adobe)

Sant Feliu <https://www.guixols.cat/agenda> (auto translate)

VOSE Films [https://www.ocineplatjadaro.es/index.php?](https://www.ocineplatjadaro.es/index.php?option=com_cines&task=vose&Itemid=248)

[option=com_cines&task=vose&Itemid=248](https://www.ocineplatjadaro.es/index.php?option=com_cines&task=vose&Itemid=248)

Experiencing problems with these links? Email John Hothersall: j.hothersall@gmail.com

2023 annual membership dues of 70€ couple - 35€ individual
If you have not paid, please pay at the next event you attend

Special thanks to Vicenç for writing the article on Carnival and to Ana for all of her help. Is there something YOU would like to contribute? **JUST DO IT! EMAIL US!**

