

## **COSTA BRAVA INTERNATIONAL CLUB NEWS**

SEPTEMBER 2022 - #18

#### Dear friends,

Summertime is ending; the weather is still hot and getting rather tiring. I think we all look forward to the cool autumn weather. <u>Next Monday September 5th</u>, we begin with our GPL and I hope many of you will be happy to join, for golf or petanca or only for lunch. Many of us joined the presentation of the new website, quite a success, led by Joost and everyone unanimously found it very user friendly. Thank you Joost for a quick and efficient job. Hope to see many of you next GPL, enjoy these last summer days and above all, take care since I have been told that 6 of our members have recently suffered from covid. -Georges





### September is.....here!

there are quite a few activities to keep you busy.....

The first GPL of the season will be Monday, September 5th.
The first Pitch'nputt of the fall season is scheduled for
September 8th at Mas Tórrelas.

»Join Rosa Tysoe on a visit to the Emili Vila Museum In Llagostera on September, 20th.

Linda Thompson Nobbs will lead the book group discussion on the 26th.
Fall Ladies Luncheon will be at the lovely LaLolis restaurant in Platja D'Aro on the 29th.

### LOOKING AHEAD TO OCTOBER ... COOKING GROUP WILL MEET ON THE 11th 🧝

The first pitch'nputt of the fall season will be at Mas Torrellas in Santa Cristina on Thursday, September 8th at 10:30. There will be a WhatsApp message sent out to group members by David Stuttard as Georges is on holiday until the end of the month. Email: gsorbets@gmail.com if you would like to join.



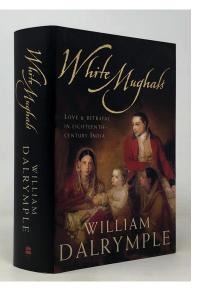
#### LOOK OUT for a lively discussion during the Book



Book Group

Group meeting on Monday, September 26th at 15.00 at Tipipark in Santa Cristina. Members have much to discuss....a continued conversation of Lessons in Chemistry (\*) and will everyone have finished, White Mughals at over 500 pages? Email LindaThompsonNobbs@gmail.com if

you are interested in joining the group. A reminder notice will be sent out to group members later in the month.



# CICB CULTURAL EXCURSION

Visit the Emili Vila Museo in Llagostera 3:00 Lunch before at 1:00 at Restaurant El Carril Tuesday, September 20th JOIN Rosa Tysoe for a private tour of the Emili Vila Foundation Museum. The museum houses a valuable collection of paintings from the Catalan artist as well as paintings by Modigliani to Toulouse-Lautrec. Vila was a landscape and portrait painter and a famous poster designer in the first half of the 20th century. This is an opportunity to view his private collection. Lunch will follow at Restaurante El Carril in Llagostera, a historic restaurant and hostal. The invite will be in your inbox this week.

### LADIES,

MARK YOUR CALENDARS! ENJOY A LEISURELY LUNCH WITH YOUR FRIENDS AND FELLOW CLUB MEMBERS AT LALOLIS IN PLATJA D'ARO ON THURSDAY, SEPTEMBER 29TH. INVITATION OUT SOON.





The August 16th, "Getting to know your new Website," meeting at the Golf Club was a success, attended by 25 members. Everyone was eager to learn how to register

for events and begin using the new website. After the meeting,

cocktails and conversation were enjoyed on the lawn in the warm summer evening!





When talking with friends about Provence, everyone has their favourite villages and there is always a long list of new places to visit; each of them uniquely beautiful. We loved one

place so much last year that we went back for seconds in July. Saint Remy de Provence is the quintessential historic stone village full of nooks and crannies to

explore, galleries to peruse, amazing food choices and lovely boutiques screaming to be browsed. It is the sort of village that you can just stop for a couple of hours or stay a few dreamy days. What we especially love is that within the ring road boulevard, the tiny village is all pedestrianised so it is perfect for languid wandering, no traffic or noise concerns, no stairs.

Yes, it is a little touristy but there is also a lived in vibe with locals jostling beside the tourists,



especially during aperitif time in the many bars and restaurants that line the circle road.



Head inside the town along the winding lanes and you find treasures around each corner, fountains, hidden squares, shuttered mansions and dreamy gites. St Remy has been a magnet for Artists throughout the years (most notably Vincent Van Gogh) and its simple elegance will draw you in and inspire.

St Remy is perfectly positioned to visit many other villages throughout Provence or indulge in some wine tasting at various vineyards, many within an easy 15-30min drive along country roads. Worth noting is

Chateau Romanin (1 5min drive from St Remy) where the wine tasting cave is built into the rock of the hillside and is considered one of the finest architectural wineries in France (chateauromanin.com). Beware there is a 2km dirt rough road leading to the winery. Another lovely stop is Domaine de Valdition, 20min from St Remy. Wine and olive oil tastings are surrounded by a homewares boutique full of provencal temptations.

If you are driving to St Remy from Spain, a wonderful stop for a special lunch is Chateau Déstoublon (chateau-estoublon.com), 25min drive west of St Remy. This is an estate that produces wine and olive oil. The beautiful chateau can be rented if you have some spare thousands lying around but the main draw is the restaurant that is in the courtyard and provides the most pleasing environment for a lazy afternoon lunch with a seasonal menu that is fresh and modern. Flavours sing of local produce and you can buy the estate wines by the glass then venture to the shop to buy by the bottle or box!

Plan a stop in St Remy when you are next venturing though Provence. You will not be disappointed and perhaps like us, you will be back the following year to do it all again. -Susie Hardie

Thanks to Susie Hardie for her contribution again this month in the 'Let's Escape' column. Look for more of Susie and Craig's adventures in future newsletters.

Have something YOU would like to contribute? A funny story? A recipe? Restaurant recommendation? Well, JUST DO IT! Email us! -Linda Stuttard



Newsletter CICB newscicb@gmail.com